



QUEEN MARY'S SCHOOL, NORTHEND

*Dear Lord,
Please show me how to spend this day,
Sharing Your love in every way.
Help me to be kind to everyone,
To play and laugh and have lots of fun.
Shining Your light and giving your grace,
Sharing Your joy with a smile on my face!*

**MY SUMMER TIME
KINDERGARTEN
(2024-2025)**



SUMMER FUN WITH LITTLE QUEEN MARIANS!!!

**It is time to have some fun,
Summer holidays have just begun.**

**You can dance, you can sing,
Climb a tree, or fly high on a swing!**

Put together a jigsaw, bake a cake,

Go to camp or swim in a lake!

Exciting places you can travel to,

Rome, Spain, or Timbuktu!

Help your parents, As you always should,

Care for your grandparents, As an Angel would;

Work, enjoy, have lots of fun, with your head held high!

You are a Queen Marian, Reach out for the Sky!



Dear Parents,

*Summer Vacation is a welcome break, a freedom from fixed schedules and rules. But freedom brings more responsibility. It is time to get our children engaged and let them explore the areas of **proximal development**.*

Early childhood offers a vast window of opportunity to shape the trajectory of a child's holistic development and build a foundation for their future. For children to achieve their full potential, as their right to life, they need health care and nutrition, protection from harm and a sense of security, opportunities for early learning, and responsive caregiving – like talking, singing, and playing – with parents and caregivers who love them. All of this is needed to nourish developing brains and fuel growing bodies.

*Children learn best through fun and engaging activities which transform playtime into numerous opportunities to instill **physical, sensory-motor, cognitive, language, socio-emotional and aesthetic** skills.*

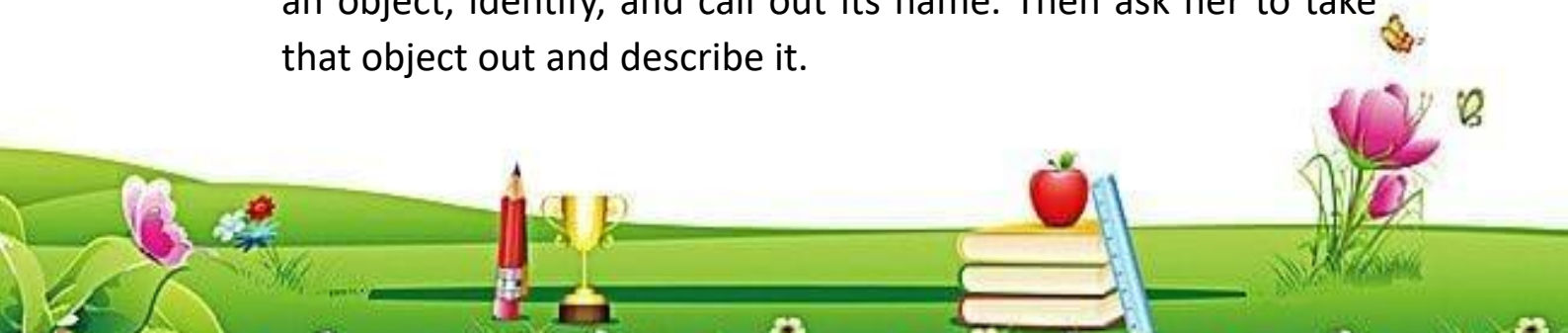
*Keeping this in mind, we have planned some **constructive activities** shared below, which will keep our children engaged and enable them channelize their energies to be more creative.*





IT'S ACTIVITY TIME.!!

1. The greatest gift of the garden is the **restoration of the five senses**. Children learn as they explore their surroundings. Taking **Family Walks** amidst the nature fosters the development of **sensory-motor** and **kinaesthetic skills** of the children. Visiting a nearby park or a garden to hear different sounds, looking out for different plants from big to small, collecting objects to feel different textures and seeing various colours of the surrounding nature will develop their curiosity and encourage them to use their **visual, auditory, and other senses** efficiently and effectively.
2. Children constantly observe their caregivers. As parents and caregivers, we can together **nurture empathy, compassion, and respect** in our children by encouraging them to help others and enable them develop kind relationships with others. Children can imbibe these values through the stories like **“The Rabbit Listened”** by **Cori Doerrfeld** and **“A Little Respectful SPOT”** by **Diane Alber**. Kindly go through the e-book available online.
3. **Language shapes the way we think**, and determines what we can think about. Creating a **Magic Bag** will automatically enhance the curiosity and interest of the children resulting in the development of their **linguistic skills**. Put different objects related to the various **letters of the alphabet (A to Z)** in the magic bag. Ask your child to put her hand into the magic bag and feel an object, identify, and call out its name. Then ask her to take that object out and describe it.





- 4. The secret of success is found in your daily routine.** Following good habits helps you stay happy, energized, healthy and safe. Hence it is very important to practice them in our daily life. **Maintain a Checklist or a Chart to keep a tab on your healthy habits.** E.g., Wake up early, brush your teeth twice a day – morning and before going to bed, take bath regularly to keep the germs away, have healthy breakfast, follow table etiquettes, eat fresh fruits and vegetables, drink plenty of water, wash your hands regularly, trim your nails and hair often, cover your mouth while yawning, coughing and sneezing, exercise daily and be kind to everyone.
- 5. Young children are brimming with energy which is a vital thing for physical growth and development.** Children learn best when they are engaged in **hands-on exploration** of the world around them. Taking children out in the garden or to a nearby park gives them a chance to explore the natural environment and have adventures. Under your supervision, children can play games, test their physical limits, express themselves and build their self-confidence by engaging themselves in **outdoor as well as indoor free play.**
- 6. The family that prays together stays together, and if they stay together, they will love one another as God has loved each one of them.** When our children learn the importance of Prayer and begin doing it regularly, it forms a strong bond with God. When they pray, they connect to the Almighty and understand that God loves them, blesses them, their family and those they pray for.





7. **Seeds of change.** Children are **social creatures** and they all have a **unique personality** that blooms and blossoms with time. It takes time for new behaviours to grow. Get a seed of any kind and plant it in a pot. The seed represents a desired change. Explain to the child how the new behaviour must take root, just like the seed. **Encourage children to water the seed every day and work towards nurturing their own personality.** The plant is also symbolic to the caregivers. **Just as the seed grows slowly, so does the child.**

8. **“Like stars are to the sky, so are our children to the world. They deserve to shine.”** Encouraging children to take up singing, dancing, craft activity, enacting, storytelling etc. will build their confidence and illuminate the world around them.

9. A child’s brain develops rapidly during the first six years of her life. She learns decision making, classification of common relations, language abilities, pairing, and problem-solving skills etc. **Cognition is a process of acquiring knowledge through experiences.** Engage children in a **shape hunt** activity where they will **search objects in and around the house and pair them with the basic shapes** to sharpen their **cognitive skills.** You can **create a daily routine** where children can indulge in activities like rhymes, stories, colour sorting, stacking wooden blocks, games of matching, pretend play etc. that can improve creativity.





HOW INDEPENDENT CAN I BE?

- Make your child more independent by encouraging them to practice some interesting Life Skills like:

1. Buttoning and unbuttoning the shirt.
2. Tying the shoe laces.
3. Folding the mat and clothes.
4. Laying the table.
5. Arranging the book and toy shelves.
6. Zipping the school bag.
7. Sorting and pairing the household items.
8. Learning some traffic rules.
9. Revising numbers (counting fans, lights, family members, on the staircase)
10. Revising phonic sounds.
11. Practicing handwriting skills.
12. Helping everyone in the family.
13. Greeting family members and relatives.
14. Using Magic Words in daily routine: THANK YOU, WELCOME, SORRY, PLEASE.
15. The ability to communicate effectively is crucial in every area of life. Good communication skills enable us to comprehend and make ourselves clear to others while sharing and receiving information. Encourage your daughter to converse effectively in English and her mother tongue or any language of her choice.



“Joy is the simplest form of gratitude.”

Encourage children to be grateful for all that they have
and praise them for all that they do.

Share something positive and appreciate them during their
day as a word of appreciation is enough to spread smiles
and brighten their day.

A balance of Education at home and at school shape up the
children and make them lifelong learners.

So, let us join hands to make this journey a joyous and
inspiring one for our little children.

Have a Great Summer!! Happy Holidays!!
Queen Mary's School Northend, Model Town

