



# Queen Mary's School

Northend, Model Town, Delhi



## Highlights

### June' 2021



### International Yoga Day

**21.6.21: Queen Mary's School, Northend** has always been in the forefront to ensure the best for the students. The foremost priority in this hour of crisis is to provide a holistic approach to health and well-being of our students, by keeping a healthy balance of mind and body.

United nations has declared June 21<sup>st</sup> as the **"International Day of Yoga"**. In view of the Covid-19 pandemic, this year it was celebrated on digital media platforms.

The theme for this year was **"Feel the Power of Yoga with Family"**. Parents and students joined the celebration virtually at 7 am on June 21, 2021.

Yoga has been beneficial in keeping the body and mind in sound health. It targets all the different systems of the body and mind. Different yoga asanas make the body strong and flexible, as health improves; the mind too is renewed with confidence. The energy that is generated in the body through these physical practices is then channelled into meditation for stability, peace and calm.



## *Inter School Competition*

Amaira Ali of class 1-F participated in an inter-school competition organised by DL.DAV School, Pitam Pura under the guidance of the teacher incharge Ms. Akanksha Goel. Her exceptional zeal and zest were worth the applause. The theme of the competition was to showcase the spirit of '**Unity in Diversity**'. She depicted the theme with utmost sincerity. The platform gave her a precious opportunity to exhibit her creative aspect which in turn added to her confidence at such a young age. Kudos! to her efforts and dedication.




## *Webinars Attended by Teachers*

**5.6.21: Adopting Inclusive Practices in Classroom-**The webinar was organised by CBSE. The spokesperson Mr Sandeep Jain discussed about the requirements of differently abled students in classroom like hearing impaired, vision impaired, hyperactive, etc. There are some steps that were suggested towards behavioural modification of children. The assessment for differently abled should have the following features- extra time, scribes, use of computers, etc.

**8.6.2021: Story Telling in Classroom-**The Webinar was very helpful to the teachers as the Resource person Mr Anurag discussed various useful steps to create great storytelling experience like control on facial expressions, narrate the story with feeling, involve the audience in the story, etc. He also focussed on the benefits of storytelling and explained how storytelling can encourage students to explore their ability to express and communicate thoughts and feelings in an articulate and lucid manner.

**10.6.21: Happy Teacher creates Happy Classroom-** The interactive Webinar aimed at making the classroom happy for the students. The guest speaker Ms.Priyanka Bhatkoti, Principal Maxfort School, Dwarka emphasised on self-awareness as it is very important to keep oneself happy. It was a very knowledgeable and informative session. It taught the teachers to be happy individuals so that they are able to spread happiness to all the lives they touch specially during this time of pandemic.

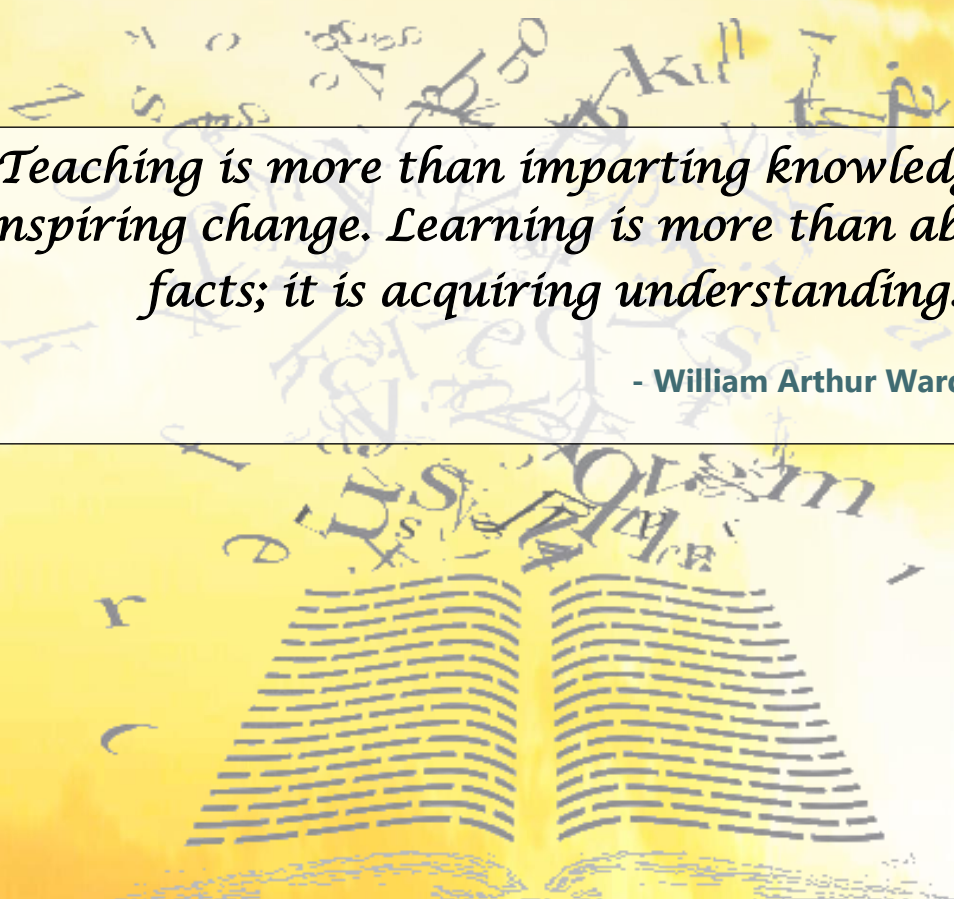
**12/06/2021 Promoting and Maintaining Emotional Wellbeing with Special Emphasis on Managing Children's Emotions During the Pandemic** -This informative Webinar was conducted for the parents and the teachers wherein Ms Mrigakshi Aura Bruce, Educator, Psychology department of our school focussed on the dominant emotions faced by the children during the pandemic. She also discussed the adverse effects of this tough time that has changed children's lives. She focussed on the ways of recognizing and managing children's emotions in an effective manner using new techniques.



15.6.21: **Health Promoting Schools**-The Webinar was very interesting as the Resource person Ms. Reeta Sharma highlighted the real meaning of health education which comprises of emotional, social, physical and mental health. She discussed various steps of framework for establishing a Healthy School like situational analysis, develop an action plan, etc. The usage of Health Promoting School Framework in the area of education, environment and partnerships were also elucidated. She also discussed good hygiene practices and how to teach children about them.

17.6.21: **Classrooms 2.0: Tech -enabled teaching**- There has been tremendous Innovation in the field of education especially in the last year. The main objective of the webinar was to integrate technology and pedagogy in learning. Virtual learning is now an integral part of school education and this webinar provided all the essential information about the available digital tools, to equip the teachers so that they continue opting for smarter technology to impart better learning in their classrooms.

25/06/2021: **Empowering the Learner: From Rote-Learning to Critical Thinking**-This webinar aimed to shift teaching-learning process from rote-learning to critical thinking. The Resource Person Ms Ruchi Sengar emphasized on the Bloom's Taxonomy, in which she discussed the ways of developing the critical thinking skills in students like problem solving, decision making, evaluating, etc. She also explained the effective questioning techniques to be used by the teachers in the classroom.



*Teaching is more than imparting knowledge; it is inspiring change. Learning is more than absorbing facts; it is acquiring understanding.*

- William Arthur Ward

