

February

Highlights

2019

PRE-SCHOOL

ENGLISH:-

- CURSIVE ALPHABET (k,f,c,p,a)
- PATTERN WRITING

NUMBER WORK:-

- MISSING NUMBERS
- WHAT COMES AFTER?
- NUMBERS 11-20

CONVERSATION:-

MEANS OF TRANSPORT



रेल

आओ बेटा खेलें खेल
चलती है अब अपनी रेल,
हम इंजन है भक भक करते,
हम डिब्बे है छुक छुक करते,
सीटी देती चलती रेल,
कैसा बढ़िया है यह खेल,
दिल्ली जाने वाले आये,
तनिक देर में हमें पहुँचाएँ,
चाहे तो हम इसी रेल में,
झटपट कोलकाता हो आए
टिकिट विकिट का काम नहीं है
लगता कुछ भी दाम नहीं है।
स्टेशन आया रुक गई रेल
हुआ खत्म अब अपना खेल -2





PRE-PRIMARY

ENGLISH: -

- SENTENCES STARTING FROM THIS AND THAT.

NUMBER WORK: -

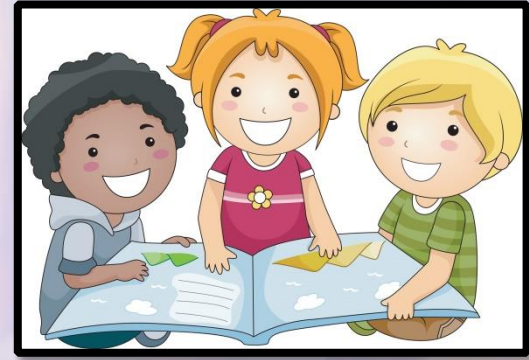
- NUMBER NAMES 1-10

HINDI:-

- दो अक्षर, तीन अक्षर और चार अक्षर के शब्द लिखें-

CONVERSATION: -

SPRING SEASON



BUTTERFLY

BUTTERFLY BUTTERFLY FLUTTER AROUND,
BUTTERFLY BUTTERFLY TOUCH THE GROUND,
BUTTERFLY BUTTERFLY FLY SO HIGH,
BUTTERFLY BUTTERFLY WHY SO SHY,
BUTTERFLY BUTTERFLY REACH THE SKY,
BUTTERFLY BUTTERFLY SAY GOOD BYE.



GARDEN YOGA FOR KIDS



Pretend to be a tree

Tree Pose: Stand on one leg. Bend the other knee and place the sole of your foot on your inner thigh. Sway like a tree in the breeze. Now the other side.



Pretend to be a frog

Squat Pose: Come down to a squat with your knees apart and arms resting between your knees. Touch your hands to the ground. Jump like a frog.



Pretend to be a seed

Child's Pose: Sit back on your heels and bring your forehead down to rest on the floor. Pretend to be a seed in the garden.



Pretend to be a butterfly

Cobbler's Pose: Sit on your buttocks with a tall spine. Bend your legs with the soles of your feet together. Flop your legs like the wings of a butterfly.



Pretend to be a flower

Flower Pose: Lift your bent legs, balancing on your sitting bones. Weave your arms under your legs, palms up. Pretend to be a flower in bloom.



printable yoga poster

"Teaching children about the natural world should be seen as one of the most important events in their lives." ~ Thomas Berry

