

MONTHLY SYLLABUS FOR CLASS –VII
SESSION : 2025-2026

SUBJECT: English

APRIL and May	LITERATURE Unit-1 Hope Section-1 The Last Leaf Section-2 <i>There is Another Sky (Poem)</i> GRAMMAR- Ch-3 Determiners: Articles and Quantifiers Ch-4 Quantifying Determiners Ch-5 Pronouns WRITING- Notice (events), Formal Letter(Leave application) SR- The Witty Answer
JULY	LITERATURE Unit-2 Secrets Section-1 The Necklace Section-2 <i>Winter: My Secret (Poem)</i> GRAMMAR- Ch-7 Present Forms Ch-8 Past Forms Ch-9 Future Forms WRITING - Formal Letter, Story Writing SR- Three meals shorten a Day
AUGUST	LITERATURE Unit-3 Friendship Section-1 Kabuliwala Unit-5 Inspiring People Section-2 Don't Quit (Poem) GRAMMAR- Ch-16 Conjunctions WRITING - Notice (events) S.R - <i>From a Railway Carriage</i>
SEPTEMBER	LITERATURE Unit-4 Travel Section-1 Lakshadweep Unit-6 Myths and Legends Section-1 Hercules and the Apples of the Hesperides WRITING - Diary Entry Revision

OCTOBER	LITERATURE Unit-10 Lasting Literature Section-1 A Christmas Carol Unit-7 Care and Concern Section-1 The Skipping Shoes GRAMMAR Ch-6 Adjectives and Adverbs Ch-12 Comparisons Ch-13 Passive Voice S.R - The Brook
NOVEMBER	LITERATURE Unit-8 Science Adventure Section-1 The Space Adventure of Tim Potter Unit-7 Care and Concern Section-2 <i>Punctuality (Poem)</i> GRAMMAR Ch-11 Modals S.R- The Orator
DECEMBER	LITERATURE Unit-9 Humour Section-1 Dark is the Nation and Insane is the King GRAMMAR Ch-17 Prepositions WRITING Formal Letter (Letter to the Editor)
JANUARY	LITERATURE Unit-10 Lasting Literature Section-2 <i>Stopping by Woods on a Snowy Evening (Poem)</i> GRAMMAR Ch-15 Reported Speech
FEBRUARY	Revision

SUBJECT:Hindi

पाठ्य पुस्तकें:-

वसंत भाग-2

सदाबहार कहानियाँ (सहायक पुस्तकमाला-7)

हिंदी व्याकरण सुधा भाग-7

<u>अप्रैल:-</u>	वसंत:- पाठ 1. हम पंछी उन्मुक्त गगन के , पाठ-2 हिमालय की बेटियाँ व्याकरण: पाठ 4. शब्द विचार , विज्ञापन लेखन (20 से 25 शब्दों में), अनुच्छेद लेखन, औपचारिक पत्र, अपठित गद्यांश
<u>मई:-</u>	सदाबहार कहानियाँ पाठ-1 लालच का फंदा व्याकरण:- पर्यायवाची शब्द (1-20), मुहावरे (1-20), संवाद लेखन (50 शब्दों में), चित्र वर्णन (50 शब्दों में)
<u>जुलाई:-</u>	वसंत :- पाठ-4- मिठाईवाला, पाठ-5- पापा खो गए व्याकरण :- पाठ 6. शब्द रचना: उपसर्ग, प्रत्यय, पाठ 12. समुच्चयबोधक और विस्मयादिबोधक, अनुच्छेद लेखन, पठित और अपठित गद्यांश सदाबहार कहानियाँ: पाठ-3 अब्बूख़ाँ की बकरी, विषय संवर्धन क्रियाकलाप: वाचन।
<u>अगस्त:-</u>	वसंत- पाठ 7-अपूर्व अनुभव, पाठ 8- रहीम के दोहे व्याकरण- लोकोक्तियाँ (1-25), पाठ 8. कारक, पाठ 10: विशेषण, अनेक शब्दों के लिए एक शब्द (1-20), औपचारिक पत्र, अनौपचारिक पत्र, अपठित गद्यांश व पद्यांश सदाबहार कहानियाँ- पाठ-4- एक स्वपन , विषय संवर्धन क्रियाकलाप: श्रवण
<u>सितंबर:-</u>	वसंत :- पाठ 9- एक तिनका व्याकरण:- पाठ 15. वर्तनी तथा वाक्य संबंधी अशुद्धि-शोधन , अनेकार्थी शब्द (1-20) , अपठित गद्यांश व पद्यांश। सदाबहार कहानियाँ:- पाठ-6- निक्की रोजी
<u>अक्तूबर:-</u>	वसंत-पाठ 10-खानपान की बदलती तस्वीर , पाठ 11-नीलकंठ व्याकरण: पाठ 13. वाक्य विचार , पाठ 14- विराम चिह्न, विलोम शब्द 1 से 20, अनुच्छेद लेखन, संवाद लेखन (50 शब्दों में), अपठित गद्यांश व पद्यांश। सदाबहार कहानियाँ:- पाठ-7- निष्ठुर अनुकंपा
<u>नवंबर:-</u>	वसंत: पाठ 12.भोर और बरखा व्याकरण:- पाठ 11- क्रिया , औपचारिक एवं अनौपचारिक पत्र, विज्ञापन लेखन (20-25 शब्दों में) , लोकोक्तियाँ (1-25)

<u>दिसंबर:-</u>	<p>वसंत:- पाठ 13-वीर कुँवर सिंह</p> <p>व्याकरण: समश्रुत भिन्नार्थक शब्द -(1 से 20) , अनुच्छेद लेखन, चित्र वर्णन (25-30 शब्दों में), अपठित गद्यांश और पद्यांश।</p> <p>सदाबहार कहानियाँ पाठ-12-हार्थों का मूल्य,</p> <p>विषय संवर्धन क्रियाकलाप: श्रवण, वाचन</p>
<u>जनवरी:-</u>	समस्त पाठ्यक्रम की पुनरावृत्ति

SUBJECT:Mathematics

Book: New enjoying Mathematics

MONTH	CHAPTER
APRIL	CH1:INTEGERS CH5: POWERS AND EXPONENTS
MAY	CH10: LINES AND ANGLES CH12: SYMMETRY
JULY	CH2: FRACTIONS CH3: DECIMALS CH13: REPRESENTING 3-D IN 2-D
AUGUST	CH6: ALGEBRAIC EXPRESSIONS CH11: PROPERTIES OF TRIANGLES
SEPTEMBER	CH4: RATIONAL NUMBERS
OCTOBER	CH7: SIMPLE LINEAR EQUATIONS CH8: RATIO AND PROPORTION
NOVEMBER	CH16: PERIMETER AND AREA CH17: COLLECTING AND ORGANISING DATA
DECEMBER	CH9: PERCENTAGE AND IT'S APPLICATIONS
JANUARY	CH15: CONGRUENCE OF TRIANGLES CH14: CONSTRUCTIONS
FEBRUARY	REVISION

SUBJECT:SCIENCE**Prescribed book: Living Science****Publication: Ratna Sagar****SUBJECT : PHYSICS**

MONTH	UNIT/CHAPTER
APRIL	CH - 13 : Electric Current and its Effects
MAY	CH - 13 : Electric Current and its Effects (Contd.)
JULY	CH -11 : Motion and Time
AUGUST	CH - 11 : Motion and Time (Contd.)
SEPTEMBER	Revision
OCTOBER	CH - 4 : Heat and its effects
NOVEMBER	CH- 5 : Flow of Heat
DECEMBER	CH- 12 : Light
JANUARY	CH- 12 : Light (Contd.)
FEBRUARY	Revision

SUBJECT : CHEMISTRY

MONTH	UNIT/CHAPTER
APRIL	CH - 3 Structure of Matter
MAY	CH - 3 Structure of Matter (Contd.)
JULY	CH - 7 : Physical & chemical changes
AUGUST	CH - 7 : Physical & chemical changes (Contd.)
SEPTEMBER	Revision
OCTOBER	CH - 15 : Wastewater management
NOVEMBER	CH - 15 : Wastewater management (Contd.)
DECEMBER	CH - 6: Acids, Bases & Salts
JANUARY	CH - 6: Acids, Bases & Salts (Contd..)
FEBRUARY	Revision

SUBJECT : BIOLOGY

MONTH	UNIT/CHAPTER
APRIL	CH - 1 : Nutrition in Plants
MAY	CH- 8 : Respiration
JULY	CH -8 : Respiration (Contd.)
AUGUST	CH -14 : Our Forests
SEPTEMBER	Revision
OCTOBER	CH -2 : Nutrition in Animals
NOVEMBER	CH -9 : Transportation of materials in plants and animals
DECEMBER	CH - 10 : Reproduction in Plants
JANUARY	CH - 10 : Reproduction in Plants (Contd.)
FEBRUARY	Revision

SUBJECT: SOCIAL SCIENCE

Month	Chapter
APRIL	Chapter 1:(History) When, Where and How? (Activity Based Lesson) Chapter 2: (History) New Kingdoms Chapter 11:(Geography) Our Environment Chapter 24:(Civics) The story of Democracy
MAY	Chapter 3:(History) The Delhi Sultanate Chapter 12:(Geography) Interior of the Earth Chapter 25:(Civics) What is Democracy?
JULY	Chapter 4: (History) The Mughal Empire Chapter 5: (History) Architecture as power (Activity Based Lesson) Chapter 13: (Geography) Earth Movements and Major Landforms Chapter 14: (Geography) Atmosphere Chapter 26: (Civics) Institutional Representation of Democracy

AUGUST	Chapter 6: (History) Cities, Traders and Craftspeople- (Activity Based Lesson) Chapter 15: (Geography) Elements of weather and climate Chapter 16: (Geography) Atmospheric Pressure and Winds- (Activity Based Lesson) Chapter 27: (Civics) Government in the states Chapter 28: (Civics) Role of the State Government in Distribution of Resources (Activity Based Lesson)
SEPTEMBER	Chapter 17: (Geography) Humidity and Rainfall Chapter 18: (Geography) Water (Activity Based Lesson) Chapter 29: (Civics) Media and Democracy
OCTOBER	Chapter 7: (History) Development in Tribal communities Chapter 19: (Geography) Natural Vegetation and Wildlife Chapter 20: (Geography)The Human Environment- Settlements, Transport &Communication (Activity Based Lesson) Chapter 30: (Civics) Advertising- (Activity Based Lesson)
NOVEMBER	Chapter 8: (History) Religious Ideas and Movements Chapter 9: (History) Flowering of Regional Cultures- (Activity Based Lesson) Chapter 21: (Geography) Life in the Desert Regions Chapter 31: (Civics) Role Played by Gender
DECEMBER	Chapter 10:(History) New Political Formations in the 18th Century Chapter 22 :(Geography) Life in Tropical and the SubTropical Regions Chapter 32: (Civics) Unpacking Gender
JANUARY	Chapter 23: (Geography) Life in the Temperate Regions Chapter 33:(Civics) Market Around Us Chapter 34: (Civics) A Wholesale Market- (Activity based lesson)
FEBRUARY	Revision

SUBJECT:FRENCH

MONTH	CHAPTERS
APRIL	Leçon 0: Découvrons la France Leçon 1: Belles Images
MAY	Leçon 2: Voici Paul!
JULY	Leçon 3: Les habits
AUGUST	Leçon 4: Les animaux du zoo Leçon 5: Quel temps fait-il?
SEPTEMBER	Revision
OCTOBER	Leçon 6: Au Travail
NOVEMBER	Leçon 7: Chez Clara Leçon 8: La Maison de Marie
DECEMBER	Leçon 9: Bon appétit
JANUARY	Leçon 10: Ma ville,mon quartier
FEBRUARY	Revision

SUBJECT:SANSKRIT

पाठ्यपुस्तकें

रुचिरा (द्वितीयो भागः)

दिव्यम् संस्कृत व्याकरणम् (भाग -2)

अप्रैल - रुचिरा- 1) सुभाषितानि

2) दुर्बुद्धि विनश्यति

व्याकरणम्- वर्णविचार, सन्धि, अपठित अवबोधनम्

मई - 3) स्वावलंबनम्

व्याकरणम्- धातुरूपाणि, कारक विचार, चित्रवर्णनम्

जुलाई - 5) पण्डिता रमाबाई. 6) सदाचारः

व्याकरणम्-शब्दरूपाणि, पत्रलेखनम्, अनुच्छेदलेखनम्

अगस्त - 7) संकल्प सिद्धिदायक

8) त्रिवर्ण ध्वजः

व्याकरणम्- उपसर्ग- अव्यय प्रकरणम्, संवादाः

सितंबर- पुनरावृत्ति

9) अहमपि विद्यालयं गमिष्यामि

अक्तूबर - 10) विश्वबंधुत्वम्

11) समवायो हि दुर्जयः

नवंबर - 12) विद्याधनम्

13) अमृतं संस्कृतम्

व्याकरणम्-चित्रवर्णनम्

दिसम्बर - व्याकरणम्- अपठित अवबोधनम्, अनुच्छेद लेखनम्, पत्रलेखनम् ।

जनवरी - पुनरावृत्ति

SUBJECT : GENERAL KNOWLEDGE

APRIL

EARTH SCAPE

1. The globe's green.
2. Islands of India..
3. Himalayan heights.
4. Standing tall

SPLENDID SCIENCE

5. Know your body.
6. Areas of study
7. Science in our daily lives

MAY

OUR SURROUNDINGS

8. What's under water?
9. Swachh Bharat Mission
10. Live green
11. Endemic species of India
12. Nature's wrath
13. Majestic rivers

JULY

POLITY AND STATE

14. Forms of government
15. Incredible India
16. India's neighbours

HISTORICAL TALES

17. Famous movements.
18. Caves and caves temples.
19. Ancient Indian cities.
20. Heritage trail (Board game)

AUGUST

LANGUAGE AND LITERATURE

21. Endangered languages of India.
22. The land of literary.
23. Nobel Prize winners
24. Famous Indian authors.

OCTOBER

RECREATION ZONE

25. National Film Awards
26. Checkmate.
27. Film fever
28. Para athletes of India.

NOVEMBER

WEB WORLD

29. Tech giants.
30. Computer cache.

CULTURAL SYMPHONY

31. Ethnic people of India.
32. Bagru: the art of block printing.
33. Art and craft
34. Dress to express
35. Theatre tales

DECEMBER

FINANCIAL AFFAIR

36. ABC of economics.
37. Shopping platforms.
38. Banks in India

LIFE SKILLS

39. Healthy lifestyle
40. Recycled paper (DIY).

JANUARY

BRAIN BOGGLER

41. Analogies (Logical reasoning).
42. Puzzle trouble (Logical reasoning).
43. Brain thriller (Logical reasoning)
44. Game of numbers

FEBRUARY

Revision

Subject : Value education

MONTH	CHAPTER
APRIL	CHAPTER 1 TRUTH CHAPTER 2 THE CHOICE OF LIFE
MAY	CHAPTER 3 ANGER MANAGEMENT CHAPTER 4 HANDLING CRITICISM
JULY	CHAPTER 5 A MASK FOR YOU, A MASK FOR ME CHAPTER 6 THE QUEST FOR KNOWLEDGE
AUGUST	CHAPTER 7 GETTING GREAT RESULTS BY MAKING CHECKLIST CHAPTER 8 WHAT HAVE YOU DONE TODAY?
OCTOBER	CHAPTER 9 RESPONDING VS REACTING CHAPTER 10 FRIENDS - ASSETS OF LIFE
NOVEMBER	CHAPTER 11 NO STOP IN LIFE CHAPTER 12 GOAL SETTING FOR SUCCESS
DECEMBER	CHAPTER 13 A NEW AGE CHAPTER 14 GREEN EVOLUTION
JANUARY	CHAPTER 15 A TRUE PATRIOT
FEBRUARY	CHAPTER 16 FAITH IN ACTION

SUBJECT: COMPUTER SCIENCE

PRESCRIBED BOOK: NEURO KODE BY YEP PUBLICATIONS

MONTH	CHAPTERS
APRIL	CH 2: DATA VISUALISATION THROUGH EXCEL
MAY	CH 1: IMPORTANCE OF BIG DATA
JULY	CH 4: CODING WITH PYTHON
AUGUST	CH 5: LEARNING CONDITIONAL STATEMENTS
SEPTEMBER	CH 6: CYBER THREATS CRIMES AND SAFETY
OCTOBER	CH 9: ANIMATION WITH KRITA
NOVEMBER	CH 7: HTML 5: EXPLORING WEB DEVELOPMENT
DECEMBER	CH 8: TRANSFORMING WEB PAGES WITH CSS
JANUARY	CH 3: INTRODUCTION TO MACHINE LEARNING

SUBJECT:ART AND CRAFT

APRIL and MAY	<ol style="list-style-type: none">1. Elements of Art - Unit 12. Principles of Art- Unit 23. Pencil shading techniques - Unit 34. Still life study - Unit 55. Earth Day Activity
JULY	<ol style="list-style-type: none">1. Colouring Techniques - Unit 42. Nature Study- Unit 6.3. Craft Activity
AUGUST	<ol style="list-style-type: none">1. Human Anatomy- Unit 72. Raksha Bandhan Activity3. Independence Day Activity
SEPTEMBER	<ol style="list-style-type: none">1. Portrait study in pencil shading - Unit 82. Cartoons - Unit 93. Teachers Day Activity
OCTOBER	<ol style="list-style-type: none">1. Design and Decor- Unit 102. Folk Art3. Diwali Activity
NOVEMBER	<ol style="list-style-type: none">1. Calligraphy2. Contemporary Western artists- Unit 113. Abstract Art
DECEMBER	<ol style="list-style-type: none">1. Sustainable development goal- Unit-122. Christmas Activity
JANUARY	<ol style="list-style-type: none">1. Calligraphy2. New Year Activity

MUSIC

Theory

- Terms: Music,Pitch,Tempo,Crescendo,Diminiuendo,Octaves,Scales, Dynamics, Staccato & Legato.
- The Coordinated Vocal Onset & Release.
- Vowel Differentiations
- Music Notations
- Major Scale

Practicals

- The Supported Singing Voice: Breath Management In Singing.
- Agility In Singing: Flexible Application of Breath Power.
- Resonant Voice
- Vowel Differentiations
- Introduction to instruments: Keyboard,Percussion & Ukulele.

Month	Particulars	Song
April	Vocal folds and onsets <i>Appoggio</i> and phonation Vocalises	School Song National Anthem
May	Breath pacing and support <i>Appoggio</i> and phonation Music Notation <ul style="list-style-type: none">- Introduction to lines and space- Introduction to clef Vocalises	Hymn 1 Song 1
July	Full and partial breathing Phonation with sibilants Music Notation <ul style="list-style-type: none">- Notes and values- Bars in Treble clef- Moving till fifth in solfège Vocalises	Hymn 2 Song 2
August	Vowel formation and differentiation Mouth position for various vowels	Presentation & Assessment
September	<u>MID TERM ASSESSMENT</u>	

October	Structure of a song Agility in singing Revisiting Music notation Vocalises	Hymn 3 Song 3
November	Introduction to Instruments Basics and parts of Instruments. Major scales Exercises Vocalises	Instrumental Revisiting singing techniques
December	Onsets and Breathing Scales on Instruments	Carols
January	Instrumental Session Revision and Assessment	Presentation & Assessment
February	<u>FINAL TERM ASSESSMENT</u>	

DANCE

Month	Particulars
April	1.The basic elements in art form of dance 2. International dance day 3. Bhumi Paran 4. Performance of chakkra with ease and speed 5. Body fitness exercises
May	1.Basic knowledge of kathak 2. Labour Day 3. Various forms of Western dance
July	1.Discussion of laya in Kathak 2. Basic knowledge of teen taal in Kathak 3. Tatkaar foot movements in Kathak 4. Dance discipline 5. Various forms of classical dance 6. Hand mudras in Kathak 7. Preparation of Independence Day Dance Drama
August	1.Percussion of instruments in Kathak

	2. Zumba session 3. Feet movement or pad sanchalan in Kathak 4. Introduction of Folk Dance
September	1.Preparation of teachers day dance 2. Preparation of folk dance 3. Preparation of Western Dance 4. Terminology pertaining to taal to be discussed 5. Preparation according to Gandhi Jayanti
October	1.Body Movement including hand movement, face expression, formation of figures 2. Teaching semi classical dance
November	1.Children's Day preparation 2. Importance and use of ghungroo in Kathak 3. Preparation of Folk dance related to Punjab, Haryana, Rajasthan, Maharashtra and Kashmir 4. Preparation of Christmas Dance
December	1.Navras in classical dance 2.Kaviths in Kathak
January	1.Basic steps of various western Dance 2.Republic Day celebration 3.Teach how to adapt various costumes along with their respective makeup and props
February	1.Simple Tukda in Kathak 2. Chakkardaar tukda in Kathak 3. One folk dance 4. Different western Dance 5. Semi classical dance
March	Yearly Revision of all the above content

SPORTS (PHYSICAL EDUCATION)

Warming Up - Slow Jogging (5 min.) in Sports Field, Stretching exercises Head to Toe for warming up their muscles.

March Past - All students will form a straight line according to their heights and will do on-the-spot marching and then they will start Forward March with a Drum beat.

Games/Sports

APRIL and MAY	Athletics: Running event Games: Raiding & Defensive Skills (Kabaddi) Yoga: Asanas Athletics: Running event / Bird Catcher
JULY	Yoga: Asanas March Past: Forward March
AUGUST	Games: Holding and Shooting (Basketball) Aerobics March Past
SEPTEMBER	Games: Basketball, roll into the goal Aerobics Yoga: Asanas
OCTOBER	Athletics: Jumping event Games: Leg Cricket/ Basketball Yoga: Asanas
NOVEMBER	Games: Handling and Serving (Volleyball) Yoga: Asanas Mass PT
DECEMBER	Athletics: Running events, Long Jump Games: Chasing and Running Skills (Kho Kho) Yoga: Asanas
JANUARY	Athletics: Shuttle Run, Long Jump Games: Basketball Yoga: Asanas
FEBRUARY	Revision

Taekwondo

Introduction:- Exercise should start from the upper body part like the head and finish lower body part.

Warming up On the spot jogging, jumping, twisting in a jumping way, forward and backward running etc.

April	1. Exercises, stretching and warming up 2. Double leg slap kick. 3. Face level slap kick
May	1. Exercise, stretching and warming up 2. In to out Hammer Kick 3. Out to in Hammer Kick
July	1. Exercises, stretching and warming up. 2. Poomsae-1 (1 to 4 steps) but total 16 steps in poomsae-1 3. Fighting technique in open stance
August	1. Exercises, stretching and warming up. 2. Poomsae-1 (5 to 8 steps) but total 16 steps in poomsae-1
September	1. Exercises, stretching and warming up 2. Double slap kick from single leg
October	1. Exercises, stretching and warming up 2. Poomsae1 (9 to 12 steps) but total 16 steps in poomsae -1 3. Side Kick
November	1. Exercises, stretching and warming up 2. Poomsae-1 (13 to 16 steps) but total 16 steps in poomsae -1 3. Back Kick
December	1. Exercises, stretching and warming up. 2. Revision (Poomsae 1 all 1 to 16 number steps) 3. Fighting practice
January	1. Exercises, stretching and warming up 2. Revision (All kicks from month of April to November)
February	1. Exercise, stretching and warming up 2. Revision (All kicks from month of April to November) 3. Will conduct the Inter House Competition